Northampton Woman's Lacrosse 1st vs Nottingham Woman's Lacrosse 4th

Despite some impressive individual performances, the Northampton 1st team couldn do nothing to stop the Nottingham 4th team from earning a huge victory on a cold day in Northampton.

Nottingham asserted there dominance right from the off not allowing Northampton near the ball and making their chances count. Within just five minutes Northampton were 4-0 down and it was an uphill battle from there.

Northampton ended the first quarter 7-0 down and it could have been more if it wasn't for some good saves from goalkeeper Elizabeth Tudge, a theme that continued as the game wore on.

The second quarter was more of the same as an unrelenting Nottingham side extended their advantage to 13-1. The only positive being that Northampton had got on the scoresheet through a goal from Saffron Jarvis

Confidence was clearly decreasing in the Northampton camp with Nottingham scoring a further eight to extend there lead to 21-1 by the end of the third quarter.

The fourth quarter was a lot better from Northampton who showed some fight and resilience leading to Katie Zammit scoring another for Northampton capping off a brilliant individual performance. The score finished 24-2 to Nottingham with Northampton hopefully using that as a wake-up call as they try to be competitive in the Woman's Midlands Conference Cup.

Northampton Player of the Match: Katie Zammit

In a match where nothing seemed to go right for Northampton Katie showed a brilliant attitude throughout, was always positive with the ball and got a deserved late goal to cap off an impressive performance.